

## Campaigning

### Consultations

We respond to various Holyrood and UK consultations which are of concern to us.

### Campaigning

We pray, hold services and exhibitions to highlight these issues below and others to church members and the wider world

*16 Days of Activism 25th Nov—10th Dec*

*against gender violence*

*Domestic Abuse*

*Human Trafficking*



## Membership



We meet often either for fellowship, fun, church services, branch and council meetings, or conferences to encourage, fundraise and support the work of our charity Worldwide.

Further information about helping, donations, and joining and about the diocese contact Diocesan President Jill Cameron [snowdropcarrickstone@gmail.com](mailto:snowdropcarrickstone@gmail.com) or visit [www.muscotland.org.uk](http://www.muscotland.org.uk).

Despite the name! Membership is open to all who support our ethos irrespective of their gender, marital status, ethnic origin, nationality, disability, sexual orientation or age.

## The Mothers' Union in Glasgow and Galloway diocese

Scottish Charity No.SCO 23885

### Welcomes you!

What is the Mothers' Union?

We are an organisation which works with the Scottish Episcopal church in Scotland and Anglican churches worldwide. Our vision today is of a world where God's love is shown through loving, respectful, and flourishing relationships. This is the essence of our work.

*Church and  
 Community  
 Mobilisation  
 process  
 Zimbabwe*



We are a Christian mission organisation with an aim to show our Christian faith by the transformation of communities worldwide.

We can do this through the promotion of stable marriage, family life and the protection of children.

We work in over 80 countries worldwide and have over 4 million members who are volunteers. Our governance, leadership, and programmes are driven by and undertaken through members within their own communities worldwide.

We work with people of all faiths and none.

The following is a flavour of what we do in our diocese and Scotland.

## Praying

Developing prayer and spiritual growth is central to all we do. Members all around the world pray at midday, this is our Wave of Prayer.

### Prayer Chain

This is distributed monthly to members. Please contact Sue Brough [dt.s.brough@btinternet.com](mailto:dt.s.brough@btinternet.com) to add someone to the list.

### Annual Retreat



We hold an annual Provincial retreat, usually held in Kinnoull, Perth

### Mothering Sunday

We support our Ministers in making posies, giving cards and helping with worship on this difficult

day for some.

## Enabling

### Prison Work

At HMP Greenock we organise the play area volunteers. At HMP Low Moss (Bishopbriggs) we run a Guide and Scout group and also attend multi-denominational prayer groups and open days for prisoners families. We send Christmas cards to all prisoners in these prisons. A member meets with Families Outside regularly ( a Scottish charity concerned with helping prisoners families)

### Holyrood Mothers' Union Representative



The Scottish Parliament  
Pàrlamaid na h-Alba

We have a representative on a Holyrood cross-party group concerned with families affected by imprisonment and receive reports from her.

### Holidays for Families in need.

We raise funds for The Glasgow Children's Holiday Scheme who

provide caravans for family breaks and distribute Christmas gifts. They also have families who host a child for a weeks holiday.

### Recipe Book for Food Banks



Use tinned, fresh or dried ingredients, plus a few others, to easily produce tasty one-pot dishes.

MINIMUM UTENSILS  
MAXIMUM TASTE

Mothers' UNION  
CHRISTIAN UNION FOR WOMEN

We give a Mothers' Union written recipe booklet to food banks and similar places to encourage those on a very low income to have a few tasty meals.

### Toiletries

Members collect toiletries for Women's Aid refuges, as they usually leave home with nothing following an abusive relationship. We also supply them to hospitals emergency rooms and long stay wards.

### Crafts, Therapets and Services in Care Homes

Time spent with elderly care home residents often raises a laugh and makes them feel loved and more a part of the community. We make twiddle-muffs for dementia/alzheimers sufferers for mental stimulation. Healing blankets are given for the sick in mind and spirit.

### Knitting

Many of our members and friends knit or crochet tiny hats and cardigans for premature babies and burial gowns for still born babies in Princess Royal Hospital Neonatal unit, Glasgow, Ayrshire and Wishaw hospitals.



In maternity units ordinary size hats, cardigans, incubator blankets, and teddies are needed, we also send these items to Malawi. Bonding squares are required in hospitals to help premature babies bond with their mothers. Woollen breasts are given to post natal clinics! In the winter hats, scarves, socks and gloves are needed

for Glasgow City Mission.

For more details/patterns contact Jill Cameron 07753161596.