



CHRIST CHURCH LANARK  
CLYDESDALE'S EPISCOPAL CHURCH

MARCH - APRIL '24

# Schedule of Services

## March

Sunday 3

### Lent 3

10.30 am – Sung Eucharist

Sunday 10

### Lent 4 – Mothering Sunday

10.30 am – Sung Eucharist

Sunday 17

### Passion Sunday

10.30 am – Sung Eucharist

Sunday 24

### Palm Sunday

10.30 am – Eucharist (Lamington)

10.30 am – Sung Eucharist (C C)

Sunday 31

### Easter Day

10.30 am – Sung Eucharist

## April

Sunday 7

### Easter 2

08.30 am – Said Eucharist

10.30 am – Sung Eucharist

Sunday 14

### Easter 3

10.30 am – Sung Eucharist

Sunday 21

### Easter 4

10.30 am – Sung Eucharist

Sunday 28

### Easter 5

10.30 am – Eucharist (Lamington)

10.30 am – Sung Eucharist (C C)

## Holy Week Services

Thursday 28 March

### Maundy Thursday

7.30 pm – Institution of the Eucharist, Stripping of the altars,  
Watch of the Passion

Friday 29 March

### Good Friday

2pm – 3 pm (approximately)

Holy Hour

Saturday 30 March

### Holy Saturday

7.30 pm – Ceremonies of the Easter Vigil

# News in the Pews

- A number of people in the congregation have reached milestones in their life since the last magazine. Margaret Craig (mother of Danny Craig) received a card from the King and Queen on the occasion of her 100<sup>th</sup> birthday in February. Also in February, Ann Irvine turned 90 years young. And Joyce and Peter Moody had the joy of celebrating their diamond wedding anniversary after 60 years of married bliss. February truly was a month for celebrations. Congratulations, best wishes and every blessing to all of them.

- In June of this year I shall be celebrating my silver jubilee (25 years) of ordination to the priesthood. I have invited the Bishop to come and join us for that celebration. While he is with us on Sunday 9 June I would like him to confirm or receive those of our number who would like to make a more formal commitment to the Scottish Episcopal Church in general and to Christ Church in particular. If you would be interested in preparing for confirmation or reception, please add your name to the sign up sheet on the table at the back of the church.

- In the last edition of the magazine I appealed, in my pastoral letter to the congregation, for volunteers to muster the courage to consider taking on some non-demanding jobs and roles in the church community. If you would like to offer your time and your talents to us, please add your name to the sign up sheet on the table at the back of the church.

- Congratulations to Jackie and Mark Fenton on the sale of their flat in East Kilbride and the purchase of their new home in Carluke. We look forward to them moving closer to Christ Church and thank them, from the bottom of our hearts, for making this commitment to us as a church community.

## May Services

Sunday 5

### Easter 6

08.30 am – Said Eucharist

10.30 am – Sung Eucharist

Sunday 12

### Easter 7

10.30 am – Sung Eucharist

Sunday 19

### Day of Pentecost

10.30 am – Sung Eucharist

Sunday 26

### Trinity Sunday

10.30 am – Eucharist (Lamington)

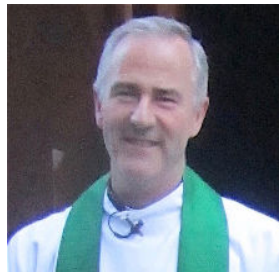
10.30 am – Sung Eucharist (C C)

# Clergy Cogitations

Dear Friends

A book that I would recommend to you is: “Winters in the World – A Journey through the Anglo-Saxon Year”, by Eleanor Parker. It covers the period between Roman rule in Britain and the emergence of the medieval period. It’s fascinating how much history and theology and Christian tradition is embedded in our tradition from those far-distant times. Including the attention paid to the changing of the seasons:

“Winter is coldest,  
Spring frostiest – it is  
longest cold;  
Summer sun-brightest –  
the sun is hottest;  
Harvest most glory  
blessed; it brings to men  
The year’s fruits,  
which God sends them.”



Well into the twentieth century festivals like Candlemas and Whitsun, Michaelmas, Lent and Lammas were celebrated in different parts of the country as the seasons moved round. Today many have lost touch with the agricultural and liturgical calendars although our year is still shaped by the rhythms of the seasons.

After the long, sombre season of Lent, with its Ash Wednesday, and its purple hues, we arrive at the pinnacle of the Christian Year, moving from Palm Sunday through Holy Week to Maundy Thursday and its Last Supper, Good Friday and the crucifixion, Holy Saturday the day of quiet, and the bursting joy that is Easter.

I have always felt it important to take the time to work through Holy Week, from the swirling shout that is Palm Sunday and on through the nights that gradually darken until we find ourselves in the Upper Room, foot washing and bread and wine, in the Garden of Gethsemane, at the foot of the cross looking at a dead Saviour, outside the stone-blocked tomb on the dark day.

And then, and only then, another garden, a new morning, an empty tomb and the wonders, doubts and assurances of Easter and resurrection. Jumping from Palm Sunday to Easter Sunday misses out too much. Staying in the death and gloom of the rock tomb misses the point of Jesus’ love. So also a faith only full of alleluias and sunshine without lamentation and dark is unrealistic.

Make the most of this coming season. See the earth renewing around you in nature. Hear the brightness of Easter hymns at Church. Enjoy the good food and drink prepared as a reminder of God’s endless provision. But, at the heart of this coming Easter, remember the love, the unswerving, unrelenting, undying love that Jesus has for you. You are that special to Him. Out of any darkness you may have in life at this time. Now is the time to emerge into the light and rejoice.

Drew

## Autumn Ladies

We had a very interesting and informative talk from Lenore on reflexology in early January. Some members are keen to try the benefits. On the 31st of January retired solicitor Margaret spoke to us on the importance of having a Power of Attorney in place. It ensures the best interests of an individual is carried out when they themselves are unable to take decisions due to mental incapacity. Making it easier for their family.

A will is also very important to ensure the deceased's wishes are carried out avoiding many problems after death. Much note taking was carried out by the ladies.

On 14th February Paul Archibald spoke on the history of Lanark and 28th February Rev. Canon Sheridan spoke about the Anglican Church. We look forward to hearing Nicky McLaughlin speak on the Wishaw CAP Debt Centre, Liz Bartham on Clydesdale Food Bank, Spring Flowers by Jane Milliken and Mike Taylor from Hamilton Museum on Art History.

Isobel can provide a full syllabus. Or one can be collected from the Church hall.

Isobel Malcolm

# Deacon's Deliberations



Good news! We are moving to Carluke. Mark and I have accepted an offer on our flat in East Kilbride and our offer on a house in Carluke has been accepted.

That's my good news! The bible is also full of "Good News". In fact I have a Good News Bible, given to me at my confirmation and signed by the Bishop of Wakefield in 1982.

I have in my possession eight bibles in total. In addition to the Good News one I also have a 102 year old Oxford bible, and a New Revised Standard Version, which Bishop Kevin signed and presented to me at my ordination to the Diaconate.

My go to Bible, however, is the NRSV which Mark, my lovely husband, bought me; it's in larger print, so it's easier for me to read. I also have the New Daylight bible readings close to hand at all times.

These different versions of the good book, the Bible, are absolutely vital to me, because for me it's not just about owning bibles, it's about reading them.

They help me to grow in my faith, to understand more about our Lord and to bring me closer to God. The scriptures contained in the Bible are God's way of teaching us and encouraging us to ask questions. Over the years I have been moved to ask lots of questions when I've read my Bible; I'm sure you have too.

Sometimes it can be difficult to discern what the message is in the scriptures; this is where I find the Daylight Bible Readings very helpful. I may not always agree with the narrator, but what I read there helps me to see the Word of God in action today. If you would like to know more about the Daylight Bible Readings, please ask me. About 7 people in the congregation already subscribe to a regular copy.

One of the most important things that I have learned is how much "Good News" there is in the bible and just how much God our Father loves us.

No matter what type of bible you may read there is a wonderful message of the good news of Jesus. Jesus was crucified for us, so our sins are forgiven.

In John 3: 16 we read: "For God so loved the world that he gave his only son, so that everyone who believes in him may not perish but may have eternal life." On Easter Day I am looking forward to joining you in Christ Church to celebrate the wonderful, good news of Jesus Christ's resurrection.

Mark and I are very much looking forward to our move and to becoming a part of your beautiful Clydesdale community. I am excited at the prospect of serving Christ Church more fully and being able to attend the social aspects of church life. This is such wonderful good news. Thanks be to God.

*Jackie*

## The Story of Simnel Cake



The Simnel cake is associated with Easter today, but was originally made for Mothering Sunday, the fourth Sunday in Lent. Originally Mothering Sunday was the day when the congregations of the daughter churches of a parish went to the mother church, usually an abbey, to give their offerings.

In the 17th century, Mothering Sunday became the day when girls and boys in service were allowed a day off to go and visit their mothers. This was their one and only holiday. The girls would bake their mothers a Simnel cake as a gift.

Simnel cakes have been baked since the middle ages and it is believed that the word Simnel comes from the Latin 'Simila,' which meant very fine flour made from wheat. Simnel cakes were difficult to make, but if made properly they would keep for a few weeks. Thus the baking of a Simnel cake for Mothering Sunday was not only a gift from a girl to her mother, but also a test of the girl's cooking skills. The cake would not be eaten until Easter Sunday, and the whole family would be anxious to see if the cake was still moist.

With the demise of service after the First World War, the Simnel cake began to be treated as an Easter cake in its own right. The cake is decorated with eleven marzipan balls, representing Jesus' disciples minus Judas the traitor. Originally it was also decorated with fresh flowers, but sugar flowers are often used today.

## Monastic Musings



One of the more remarkable things about the Gospels is how much they concentrate on the suffering and death of Jesus and how comparatively little they have to say about the resurrection of Jesus from the dead.

This is partly because it was very hard for the first Christians (as well as present day Christians) to understand why Jesus died as he did and so they needed to write a lot about that. It's also because the Gospel writers were more concerned that people should know the Risen Lord at first hand, through their own experience of faith and life, after which explanations of the Resurrection would be less important.

The New Life, which the early Christians experienced and called "The Way", is what still sustains and re-creates the Church today. Each Eastertide we are all invited to renew our faith in the resurrection of Jesus.

This isn't about believing more fully in a doctrine or a teaching of the Church. It's a practical matter of putting our trust in God for our lives, turning away from the temptation to cope with our problems and crises in our old and familiar ways, and trusting that God will provide us with the power to live the new life and to walk in The Way, which he sets before us.

Everyone lives life in different circumstances, but, no matter how different they may be, the daily details of our lives – the minor irritations, the blessings, the joys and the great losses – always contain an invitation to live the life of faith in God, to carry our own cross, to experience for ourselves the Resurrection of our Lord, and to discover that His Way works.

Gerry Creaney

## Bishop's Lent Appeal

This year's Bishop's Lent Appeal will be in support of Friends of the Holy Land.



Friends of the Holy Land is a non-political Christian Charity. The Charity's mission is to secure a resilient and enduring Christian community in the West Bank, Gaza, Israel and Jordan - the part of the world that Christians call the Holy Land

At the beginning of the 20<sup>th</sup> century, Christians made up roughly 29% of the overall population of the Holy Land. Today they account for less than 2%. Without support, the Holy places of the Bible, the birthplace of Christianity, could become cultural museums with no Christian presence at all.

The focus of the Charity's work is to provide practical help **directly** to the most needy and vulnerable of our Christian brothers and sisters through a balance of funding immediate relief of emergency needs and practical small projects to help create a sustainable future in the Holy Land – most importantly to give them **HOPE**. A team of locally based lay and clerical professionals works there to identify and verify cases.

All the work undertaken is ecumenical. The beneficiaries of the work come from all Christian communities in the Holy Land. Supporters in the UK come from all denominations of the Christian Faith. The Charity has the backing and blessing of church leaders in England, Wales and Scotland.

The Charity achieves support for its mission in the UK in four main ways:

**It raises awareness:** of the challenges faced by Christians in the Holy Land

**It prays:** for all in The Holy Land

**It raises funds:** to provide practical help

**It enables pilgrimages:** to the Holy Land to meet local Christians

We at Christ Church will support this Lent Appeal in our usual generous way.

### Last Quarter Giving

Bobby Burgon sent off a cheque for £400 to Brain Tumour Research for 4th quarter 2023 collections

The Rev Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'...

### On why pews SHOULD be uncomfortable

The Rectory  
St. James the Least



My dear Nephew Darren

Visits from your parishioners to our church are always welcome. But I did not expect them to return to you complaining because our pews are uncomfortable.

Pews are meant to be uncomfortable. The unshakeable belief of our congregation is that the more uncomfortable the pew, the holier the worship must be. By the same token, an 8am Service is more fervent than one at 11am, since it is much more socially inconvenient. If you add on enduring sub-zero temperatures and damp, then sainthood clearly beckons. Your people may be used to lolling in upholstered chairs in tropical temperatures, but I am sure such comfort places their souls in grave peril.

Our pews were built 500 years ago, when people were several inches shorter and many pounds lighter, and so could accommodate themselves on them perfectly adequately. The fact that a twenty-first century body is in constant danger of sliding off the seat and requires knees to be folded somewhere near ears at least helps to keep minds focussed – apart from Colonel Wainwright, who still manages to sleep peacefully throughout Mattins every Sunday.

I could point out that your chairs make kneeling almost impossible – although I suspect that posture is not encouraged in your church, as people would then be unable to read the words on your overhead projector or wave their arms about quite as easily during the hymns. While the majority of our congregation find the Anglican crouch perfectly adequate, you can see those who flop to their knees on hearing “let us pray” from the clouds of dust sent up from suddenly compressed hassocks, which were purchased to commemorate Queen Victoria’s Accession.

I may also point out that our box pews are very useful for modern times. Once a family is seated, with the door firmly shut, then any toddler is penned in and unable to use the aisles as a racing circuit. Medieval carpenters were clearly forward-thinking people. Admittedly, box pew doors do tend to stick, and few manage to look dignified while they wait for step ladders to be brought before they can climb out.

If only you would remove your chairs and substitute benches without backs, turn off all heating and replace carpets with slate slabs, I am sure your congregation’s religious zeal would soar.

Your loving uncle,  
Eustace

### The Crossroad

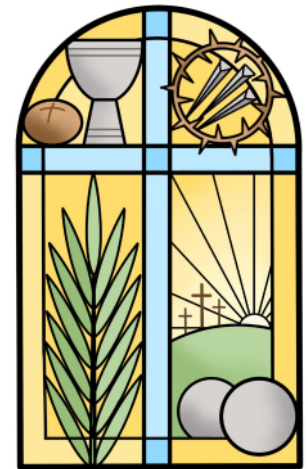
The road was hard, no turning back,  
The way ordained by mighty God.  
‘Your will, not mine’ was all He said,  
As humbly down that path He trod.

The crowd that cheered Him once with palm  
Began to shout for Him to die,  
They chose Barabbas in his stead  
And with one voice cried ‘Crucify!’

Between two thieves on Calvary's hill  
They put to death the Prince of Life  
One cried for help, the other cursed.  
The first was promised Paradise.

This promise now is for us all:  
Christ gave His life to set us free.  
The Cross divides, it always will -  
The question is: what side are we?

By Megan Carter



# Celebrations



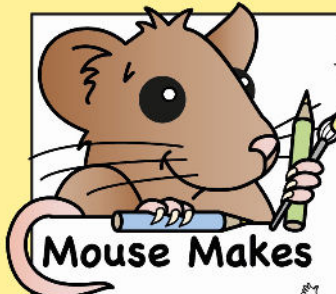
There were two celebrations on Sunday 4<sup>th</sup> February, Drew presented Ann Irvine with a beautiful basket of spring flowers to celebrate her 90<sup>th</sup> Birthday .....



...and Joyce Moody was also presented with flowers to celebrate her Diamond Wedding Anniversary with her husband Peter.


Margaret Craig (mother of Danny Craig) received a card from the King and Queen on the occasion of her 100<sup>th</sup> birthday on 26<sup>th</sup> January.








## Mouse Makes


"I am the **resurrection** and the life. The one who believes in me will live even though they die."  
John 1:25


1 


2 


3 


4 


5 


6 


7 


8d 

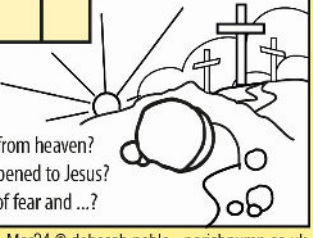
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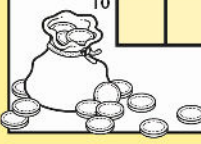
9 


10 


11 


12 


13 


14 

15 

16 

17 

18 

19 

8a. Mary was full of fear and ...?

9. What was Jesus crucified on?

10. How many silver pieces was he paid?

11. What did Jesus break to eat?

12. Who did he celebrate it with?

13. What did they wrap Jesus' body in?

14. Who's tomb was Jesus buried in?

15. Which city did Jesus ride into?

16. What did they roll in front of the tomb?

17. What was Jesus' crown made of?

18. Who denied Jesus?

19. What had happened to Jesus?

READ the Bible passages to find the answers to the crossword clues

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Questions on the year 2023

1. January – Which European country changed its currency on 1<sup>st</sup> January from the Kuna to the Euro?
2. February – In February the Armenia/Turkish border opened for the first time in 35 years. What event prompted this occurrence?
3. March – In March the international Criminal Court issued an arrest warrant against President Putin on what grounds?
4. April – Which European country joined NATO to become its 31<sup>st</sup> Member?
5. May – which Star Wars actress was posthumously awarded a star on the Hollywood walk of fame?
6. June – What was the name of Oceangate’s submersible which imploded during an expedition to the wreck of the Titanic?
7. July – Elton John officially ended his touring career with a concert in which European city?
8. August – Which country launched its first Lunar mission in 47 years? (It subsequently crashed on the moon’s surface).
9. September – Which English City Council effectively declared itself bankrupt after stopping all non-essential spending?
10. October – In which European city was the 2023 Golf Ryder cup played?
11. November - David Cameron was appointed Foreign Secretary in the Conservative Cabinet. Simultaneously he received a life peerage. He became Lord Cameron of which territorial designation?
12. December – Singer/songwriter, Shane MacGowan, whose death was announced on 1<sup>st</sup> December at the age of 65, was the front man for which band?

Answers

1. Croatia 2. The Turkey/Syria Earthquake 3. Forcibly deporting children from Russian occupied parts of Ukraine to Russia. 4. Finland 5. Carrie Fisher 6. Titan 7. Stockholm 8. Russia 9. Birmingham 10. Rome 11. Chipping Norton 12. The Pogues

Laughter is the Best Medicine

this month is Crufts Dog Show, and dog lovers may enjoy the following...

How many dogs does it take to change a light bulb?

Border Collie: Just one. Not only that, but I'll replace any wiring that's not up to code.

Golden Retriever: The sun is shining. The day is young. And you're inside worrying about a stupid, burned-out light bulb?

Dachshund: I can't reach the stupid lamp!

Toy Poodle: I'll just blow in the Border collie's ear, and he'll do it. By the time he finishes rewiring the house, my nails will be dry.

Rottweiler: Go Ahead! Make me!

Shi-tzu: Puh-leeze, dah-ling. What are servants for?

Lab: Oh, me, me!!! Pleeeeeze let me change the light bulb! Can I? Can I? Huh? Huh? Can I?

Doberman Pinscher: While it's dark, I'm going to sleep on the couch.

Pointer: I see it, there it is, right there...

Greyhound: It isn't moving. Who cares?

Old English Sheep Dog: Light bulb? Light bulb? That thing I just ate was a light bulb?

Noah had problems, too  
When Noah sailed the waters blue,  
he had his troubles same as you.  
For 40 days he drove the Ark  
before he found a place to park.

Hard to find  
Curate’s wife: I’d like to open a joint account.  
Bank staff: With your husband?  
Curate’s wife: Heavens, no. With someone who has some money!

Don’t interrupt!  
Sir Winston Churchill rehearsed his speeches at every opportunity. A true story about him relates how one morning, when Sir Winston was in his tub, his valet heard his voice above the splashing. Opening the door, he asked; “Were you speaking to me, sir?”

“Not at all,” Churchill replied, annoyed at the interruption. “I was addressing the House of Commons.”



"The new vicar is really cool, Dad. Did you know that God emailed the Ten Commandments to Moses' Tablet PC?"



# CHRIST CHURCH LANARK

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Please remember Christ Church in your will as an act of thanksgiving for the Church. For confidential advice please speak to the Treasurer

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