



CHRIST CHURCH LANARK  
CLYDESDALE'S EPISCOPAL CHURCH

JULY - AUGUST 2021

## **Booking Procedure for Services**

- You must book in advance to attend any Sunday Services using the links at [www.christchurchlanark.com](http://www.christchurchlanark.com)
- Sunday Services are at 9.30am and 11.30am
- You will not need to book to attend Wednesday Services, which will start at 11:30am.
- Choose the number of virtual 'Tickets' you need based on how many people from your household will attend.
- The booking system will stop working when a service is fully booked. Please try another service if this occurs.
- If you think you will be unable to attend after booking, please let Lee know by each Friday at 5pm, so that others may use your slot.
- If you are aware of anyone struggling to book a place, you may book tickets on their behalf online using their name.
- If you are still unable to use the online system, you can phone Lee at 0141 772 8176 on any day apart from Saturday (day off) to discuss booking.
- By booking and attending, you give your consent to us holding your contact details for 21 days and passing them on to NHS Test & Protect should anyone later test positive for Coronavirus.
- If you have any symptoms of Coronavirus (cough, change in taste/smell, temperature) then please inform the NHS and do not attend the service.

# *Confirmations*



Do any of you remember the last time the Bishop came to Christ Church to conduct Confirmations and Receptions?

Well, our new Bishop Kevin Pearson will be coming to Lanark to do just that on Sunday 27th June at 11.30 am.

It will be an important occasion for our candidates:

## **CONFIRMATION**

Irene Bryce  
Irene Sneddon  
Ann Millar  
Sandra Pringle  
Christopher McNally

## **RECEPTIONS**

Br Gerry Creane, FMJ  
Rev Liz Clelland

Pray for them at this special time as they make this big and important commitment to Christ and to the life of the Church. And remember in your prayers Christ Church too as it celebrates and rejoices at this growth in number and spirit. As we hear the candidates make their vows may we all renew our own dedication to Christ's cause and find ourselves spiritually and vocationally refreshed and energised as a result.

## *Clergy Cogitations*

Dear Friends

Summer is upon us and it's a great relief after the long winter we've all just had to endure. The trees are in full leaf, the flowers in our gardens are coming into bud and flower and there is a palpable sense of renewal all over the beautiful countryside of our beloved Clydesdale.

Not only are there signs of renewal on the land, but there are also signs of renewal in Christ Church. We have a whole host of new people attending our church and getting more and more involved. We have new teams forming to help us move into the next phase of our mission and ministry.



In addition there are plans afoot to renew areas of our buildings that have been requiring attention for some time. In the hall the entrance corridor, toilets and kitchen are all getting revamped and renewed, which will boost their use for Memory Lane, the Lunch Club, Hall Lets and Parish Parties for years to come. In the Church we are designing a new lighting scheme, which will enhance our experience of worship and enable us to create luminous spaces for our prayers and contemplation.

These are very exciting developments in our renewal. We look forward to being able to enjoy them as lockdown continues to ease and life continues to return to normal.

As we journey on through the summer we too get the space and time to renew ourselves with a holiday, a break, a bit of R & R. We hope you take full advantage of this precious time of year and have a lovely, renewing July and August.

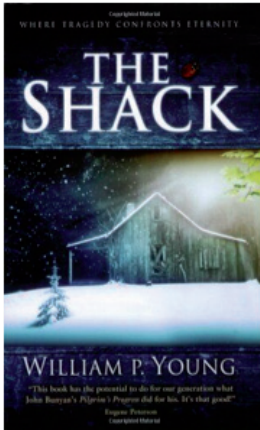
With every good wish and blessing

*Drew and Lee*



## *Summer reading?*

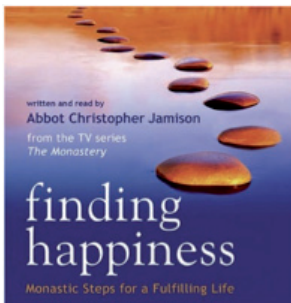
### **“THE SHACK” by William P. Young**



I was given this book by a parishioner a couple of years back with the instruction: “Read this and tell me what you think!” Having done so, I now find myself saying the same to others. This is a story book which carries a huge punch. Mack, the main character, who has serious doubts believing in God, loses his daughter in tragic circumstances. He then has an invitation to go to the “shack” where his life and faith are confronted, questioned and challenged. The book raises questions about the nature of God, what we really believe about the Trinity, the question of suffering while believing in a loving God, and what it is like really to know God.

It certainly isn’t the best written book that I’ve ever read, but it is one that is hugely memorable and worth every effort. I challenge anyone to remain unaffected by reading it!

### **“FINDING HAPPINESS” by Abbot Christopher Jamison**



“Life, liberty and the pursuit of happiness” is the banner by which so many live today. We all want to be happy, but do we know how to find happiness which has depth, quality and durability? It seems not, as more and more people express a dissatisfaction with today’s consumer society and wake up to the fact that something is missing. This is an extremely readable book in which Abbot Christopher (of Worth Abbey) discusses what happiness is and looks in turn

at the “demons” which make us happy. His insights are perceptive and relevant and he truly offers us new and achievable way of living. There is nothing exclusive in what he says – his message is for us all. Often, while reading, I would exclaim: “That’s brilliant!” One of the best books I have read in a long time.

## *Recipe from the Rectory*

Here's a recipe from The Rectory that will be getting a little airing on Wimbledon Monday and on any hot, sultry days that we are lucky to get during the summer months. Make some for yourselves and enjoy! And here's to lots of "good shots" and plenty of "days in shorts"!!!

### **CLASSIC PIMMS**

#### **INGREDIENTS**

- Slices of orange, lemon and strawberries
- Slices of cucumber
- Ice
- Fresh borage or mint
- 200 mls Pimm's No 1 Cup
- 600 mls Lemonade

#### **METHOD**

- Half fill a serving jug with ice.
- Add the fruit, cucumber and borage (or mint)
- Pour over the Pimm's
- Just before serving, top up with the lemonade.
- Stir and serve in tall highball glasses.



## *Birthday Girls*

Lee presented Irene Sneddon with a beautiful bouquet of flowers to mark 'a big birthday'



Doreen Evans would like to thank Christ Church for the lovely bouquet that she received for her 70th birthday



Olive Taylor also celebrated her 70th birthday and would like to thank everyone in Christ Church for the beautiful Flowers she was given. She had a lovely time with her Family



## *Resting in His Presence*

*“Come away to a deserted place all by yourselves and rest for a while.”  
(Mk 6:31)*

When I was growing up Summer was a magic time. No school, freedom and discovery. Life was simple. Long walks in the country with my friends, sometimes stealthily crossing farmers’ fields to take short cuts. My favourite outing was collecting birds eggs with my brother. We wandered far and wide and it felt like I had gone to the ends of the earth. Then back home for tea!!

As an adult my understanding of summer or times of rest changed. After months of hard work - and usually feeling at the end of my tether - a holiday or break consisted of eating, drinking and sleeping. All good in themselves and packed into a single week in the year. However, this experience led me to ask myself what I was doing with the rest of my life. Working and sleeping? I wanted more! Where was the rest and inner peace that I sought and needed?

The wisdom of the Spiritual giants speaks of ‘Otium Sanctum’ or “Holy Leisure”. We certainly don’t ask for a day of work to have some Otium Sanctum - but the spiritual concept and practice might help us slow down from the fast-paced lives that we have and the seemingly endless demands. It might even help us relax! Yes - relax in the midst of all that might stress us.

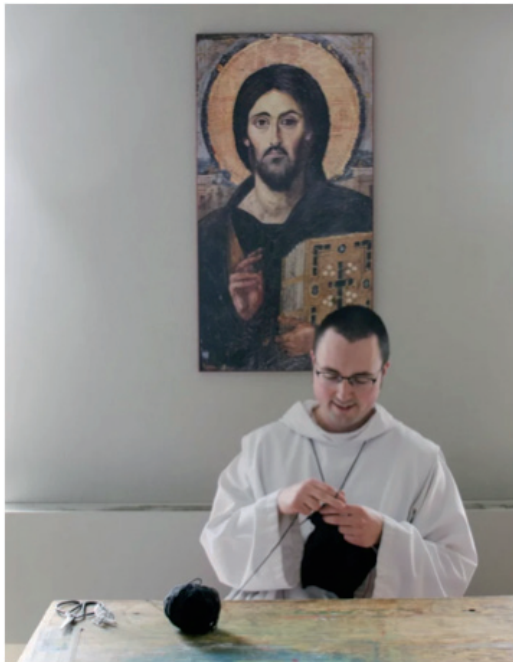
When St. Augustine started a community and wrote his rule - he clearly had in mind that the brothers and sisters would have time simply to be in the presence of God and pursue interests and hobbies outside of the structured life of prayer and meditation. This indeed was healthy for the community members as it allowed them to be creative and opened them to all kinds of talents. The early monks of the Eastern tradition who went out into the desert to search for God in silence and solitude also had activities that were at one and the same time restful and spiritual. From gardening and growing vegetables to basket weaving or making clothes - they spent their time productively and enjoyed what they were doing. Often, they would pray the Jesus Prayer by simply repeating his name while gardening or sewing.

Our place apart could be sitting in the garden, having a coffee, knitting or crafts. Time apart in His presence.



Would it not be nice to look at our activities in a different way? Instead of living in chronological time with hours and minutes we could look at our use of time in the sense of Kairos which would be time leaning towards the eternal. All we do and all persons we meet are stepping-stones and encounters to life eternal which is already here but not quite yet. So why not choose to live our times of rest and relaxation for what they are. Rest and relaxation that allows the inner self to ponder on the mysteries of God and thus be renewed in His grace and love. Then love shall be the measure of how we live. So put the kettle on!

*GERARD CREANEY, MTS*



## **The Lockdown Lifts**

There's life in the town!  
No longer 'locked down'!  
The people stroll out in the sun  
The majestic trees  
Sway in the light breeze  
Like they wanted to join in the fun!

Like light after dark!  
We can walk in the park!  
Buy our tea, and sit out on the grass!  
We can chat to our friends  
As our loneliness ends  
And we smile at the strangers we pass!

Yes there are still queues  
Which cease to amuse  
But things are no longer so black!  
As they sing in that song –  
You miss what is gone,  
But it's great when at last it comes back!

By Nigel Beeton

**Hopefully if Covid restrictions are lifted, we'll all be able to meet up for coffee after Church by the end of the summer, but meanwhile, enjoy the warmer days and the chance to see friends and family again.**



## **St John Francis Regis - patron saint for relief workers**

Do you ever admire relief workers? Those hardy folk who regularly appear on our TV screens, actively seeking out the disease-ridden, starving, destitute people of the world, instead of avoiding them, as most of us try and do.

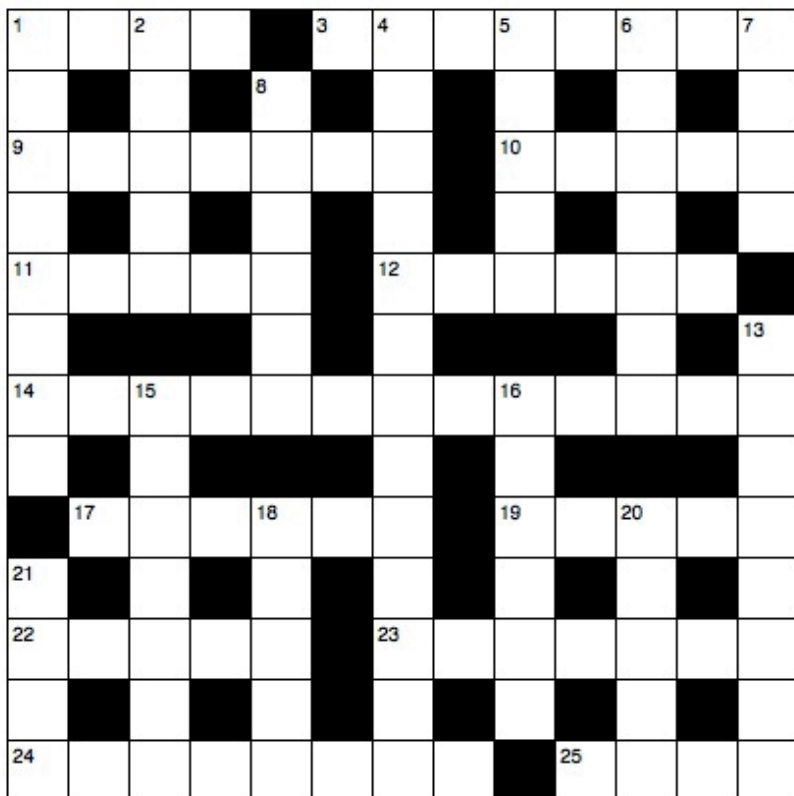
John Francis Regis (1597 – 1640) could be a patron saint of relief workers. It all began back in the early 1600s when he was ordained a Jesuit priest in Toulouse, a town raging with plague. Instead of fleeing for his life, John Regis decided to stay and minister to the plague victims.

Somehow he survived, and was then sent by his bishop to do mission work in Pamiers and Montpellier. For years John taught and preached Christ's love, and also put it into action: he collected food for the hungry, clothing for the poor, visited prisoners, and even set up some homes for desperate ex-prostitutes.

In mid-September of 1640 John had a premonition of his approaching death. He took a three-day retreat in order to calmly prepare himself for it – and then he went back to work. Over Christmas, while helping the poor, he caught a chill. By 31st December he was dying of pneumonia, but at peace: he had been granted a vision of heaven, and could not wait to get there. His was a life well lived – he was “a good and faithful servant”.



**A wee summer crossword to keep you busy  
while you drink a glass of Drew's Pimms!**



**ACROSS**

- 1 Sent out three times on a reconnaissance mission from Noah's ark (Genesis 8:8-12) (4)
- 3 'The vilest — who truly believes, that moment from Jesus a pardon receives' (8)
- 9 Described by the 19th-century MP Sir Wilfred Lawson as 'the Devil in solution' (7)
- 10 'Whoever — his life for my sake will find it' (Matthew 10:39) (5)
- 11 King of Gezer (Joshua 10:33) (5)
- 12 Gideon's home town (Judges 6:11) (6)



- 14 The area under the jurisdiction of a primate, for example, Canterbury, York (13)  
 17 To him God promised that David would be king (1 Chronicles 11:3) (6)  
 19 A descendant of Aaron who was not allowed to offer food to God (Leviticus 21:20) (5)  
 22 'If any of you — wisdom, he should ask God' (James 1:5) (5)  
 23 I gain me (anag.) (7)  
 24 Relating to the armed forces (1 Chronicles 5:18) (8)  
 25 Title given to 2 Down (abbrev.) (4)

## DOWN

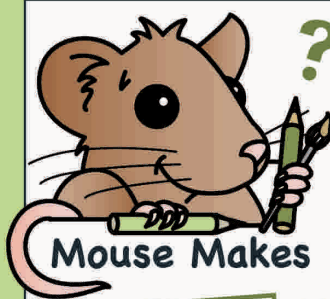
- 1 Greek coins (Acts 19:19) (8)  
 2 Church of England incumbent (5)  
 4 What Epaphroditus was to Paul (Philippians 2:25) (6-7)  
 5 Mother of David's sixth son (2 Samuel 3:5) (5)  
 6 'We are hard pressed on every side, but not crushed; perplexed, but not in — ' (2 Corinthians 4:8) (7)  
 7 It destroys treasures on earth (Matthew 6:19) (4)  
 8 It threatened Paul in Jerusalem (Acts 21:35) (3,3)  
 13 Well-known Reference Bible that espoused dispensationalism (8)  
 15 Where the choir sits in a parish church (7)  
 16 Real do (anag.) (6)  
 18 'Martha, Martha... you are worried and — about many things' (Luke 10:41) (5)  
 20 'One man considers one day more sacred than another; another man considers every day — ' (Romans 14:5) (5)  
 21 A place with twelve springs and 70 palm trees where the Israelites camped (Exodus 15:27) (4)

## ANSWERS

(no cheating!)

DOWN: 1, Drachmas. 2, Vicar. 4, Fellow-soldier. 5, Eglah. 6, Despair. 7, Rust. 8, The mob. 13, Scofield. 15, Chancel. 16, Ordeal. 18, Upset. 20, Alike. 21, Elim.

ACROSS: 1, Dove. 3, Offender. 9, Alcohol. 10, Loses. 11, Horam. 12, Ophrah. 14, Archbishopric. 17, Samuel. 19, Dwarf. 22, Lacks. 23, Imagine. 24, Military. 25, Revd.



## Mouse Makes

### WHO AM I?

The last letter of one name is the first letter of the next name.

P			L

- Wrote 13 New Testament letters
- He wrote the third Gospel


- Mother of John (Luke 1:3)
- Sarah's servant (Genesis 16:21)


- Joseph's mother (Genesis 29:35)
- His wife turned to salt (Genesis 11:31)


- Paul's friend (2 Corinthians 8:27)
- A brother of Jesus (Matthew 13:55)


- Ruth's mother-in-law. (Ruth 3:1)



### FIND THE MISSING HUSBANDS

Match the wife to their husband

MARY	BOAZ
SARAH	JACOB
RUTH	ZECHARIAH
REBEKAH	JOSEPH
RACHEL	ABRAHAM
ELIZABETH	ISAAC



### IT'S A PUZZLE!

God sent 9 plagues on Egypt...

What were they?

Change each letter to the one after it in the alphabet to find out.



AKNNC

EQNFR

FMZSR

EKHDR

CHRDZRD

OKZFTD

GZHK

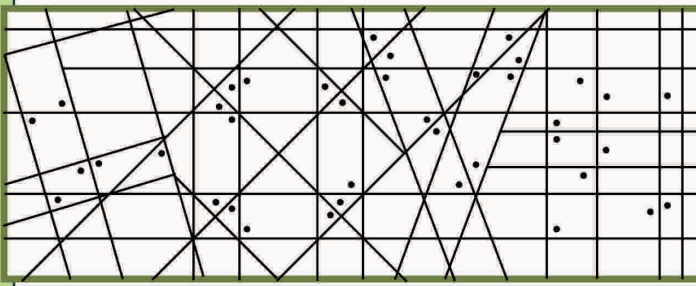
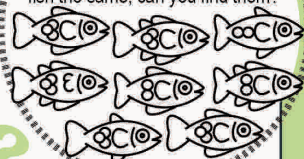
KNBTRSR

CZQJMDRR



### FIND THE FISH

The Disciples have been fishing and have caught TWO fish the same, can you find them?



Colour in all the shapes with a DOT to find out what Jesus wants us to do



## Laughter is the Best Medicine

**With holidays approaching, some of the following may strike a chord with you**

Holiday: something you take when you can't take what you've been taking any longer.

The older you get, the tougher it is to lose weight before you appear in a swimsuit, because by then your body and your fat are really good friends.

Why don't sheep shrink when it rains? (A question for anyone holidaying in the Lake District, the Highlands or Wales.)

If flying is so safe, why do they call the airport the 'terminal'?

The scientific theory I like best is that the rings of Saturn are composed entirely of lost airline luggage.

**Church notices that didn't quite come out right....**

The preacher for Sunday next will be found hanging on the notice board in the porch.

Ladies, when you have emptied the teapot, please stand upside down in the sink.

There will be a procession in the grounds of the monastery next Sunday afternoon. If it rains in the afternoon, the procession will take place in the morning.

The sacristan was in a hurry to inform the congregation that their minister had recovered from an illness, so he put the following notice outside the church: God is good. The vicar is better.

Once asked how many people worked in the Vatican, the Pope replied, 'Oh, about half.'

### Bowls

A small boy stunned his parents when he began to empty his pockets of coins. Finally his mother asked him where he had got all that money. "At church," the boy replied nonchalantly. "They have bowls of it there."

If they squeeze olives to get olive oil, how do they get baby oil?

How long a minute is depends on what side of the bathroom door you're on.



*...just humour him - he's hoping it'll help him reach the young people in his diocese...*

# CHRIST CHURCH LANARK

Diocese of Glasgow and Galloway

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Tel: 0141 221 5720/ 2694

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**Bishopbriggs, G64 3EA.** Email: [L.Johnston.Gla@gmail.com](mailto:L.Johnston.Gla@gmail.com)  
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Pastoral Care Co-ordinator: Sheila Cardwell 01555 728802

Adult & Child Protection Officer, Susan Tian 01555 871997

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Jean Rance - People's Warden	01555 662461
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Paula Moody	01555 660233
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Please remember Christ Church in your will as an act of thanksgiving for the Church. For confidential advice please speak to the Treasurer

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